Connecting the device

1. Connect device to wall.
   Press the "Reset" button on the GFCI (Ground Fault Circuit Interrupter) as shown. There is an audible snap when the GFCI is engaged. Press "Test" and then "Reset".

2. Choose an applicator coil (mat, mitt or pouch) and then plug the connector receptacles on the back of the A2000.

   2A. Choose an applicator coil (mat, mitt or pouch) and then plug the connector receptacles on the back of the A2000.

   2B. Connecting the connector receptacles. Each coil has 2 connectors, make sure the connector with the red dot is plugged into the socket with the red dot. Shown on "Image 4".

3. Turn on power switch
   Turn on power switch on the back of the device and set the desired time and intensity levels on the front of the A2000. See next page for instructions. To REMOVE connector, press down and slide the silver metal locking tab back and away from the A2000. See green arrows on image 4.

Pulsed Harmonix offers the ability to operate two accessories applicators from a single TruePulse A2000 PEMF wellness device

See website for Dual Applicator Quick Start Guide
Quick Start Guide

Session Set-up Procedure

Check connections red light
If light is “on”means your connections are not set-up properly.

Pulse activity blue light
Indicates the level of Pulses Per Second (PPS)

Decrease intensity
Increases PPS

Time increments
See table below for time combinations

1. Press the Duration button to set one of the 15 therapy Duration lengths. Each time the Duration button is pushed, 15 minutes is added to the session time, up to a maximum of 3 hours and 45 minutes. The next press of the Duration button zeros the remaining session time and stops pulsing.

Time controls table
For session time desired, make sure the number of yellow lights are “on” for that specific time. For example, you want to have 1 hour and 45 minutes. You should have the 15, 30 and 1 hour lights on.

<table>
<thead>
<tr>
<th>Time increments</th>
<th>15 MIN</th>
<th>30 MIN</th>
<th>45 MIN</th>
<th>1:00</th>
<th>1:15</th>
<th>1:30</th>
<th>1:45</th>
<th>2:00</th>
<th>2:15</th>
<th>2:30</th>
<th>2:45</th>
<th>3:00</th>
<th>3:15</th>
<th>3:30</th>
<th>3:45</th>
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</thead>
<tbody>
<tr>
<td>15 MIN</td>
<td>✔</td>
<td>✔</td>
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<tr>
<td>30 MIN</td>
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<td>1 HOUR</td>
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<tr>
<td>2 HOUR</td>
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</tbody>
</table>

2. Press the Increase/Decrease Intensity adjustment buttons to adjust the intensity of pulses per second (PPS)

The TruePulse A2000® allows you to tailor your therapy session duration and intensity to suit your needs. Discover what works for you! For the first few sessions, the recommended therapy duration is 15 to 30 minutes, on the mid-section of the body, twice a day, starting with a low intensity setting. This will begin the process of recharging your blood cells and detoxifying them at the same time. Longer therapy times and high intensity in the first day or two may result in detoxification symptoms, due to the body's inability to process a sudden increase in toxic waste. Elimination of toxic waste, at the cellular level, is essential for a number of reasons. After these initial sessions, your cells have been energized, supplying more oxygen and nutrients throughout the body.

After you set the session timer, the device will begin pulsing at 14.3 pulses per second (PPS). This frequency setting produces approximately 142 Gauss. It is one of four Schumann frequencies the A2000 produces, and is a good setting to start with; therefore it is our default setting.

Scan the code with your phone to view a short video on how to quickly set up your own TruePulsed A2000 PEMF device.

Or visit our website at PulsedHarmonix.com/videos